

Sunday

Monday

Tuesday

Wednesday

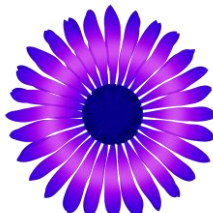
Thursday

Friday

Saturday

July 2017

Emmitsburg Senior Center

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						Canada Day
2 Will Bowling & Golf M-F 10-12	3 Chair Exercise @ 10 Bowlers meet @ 12:30 Art class @ 1:30	4 CLOSED Happy 4th <small>Independence Day</small>	5 Chair Exercise @10 Chicken Foot @12 Pickle Ball @ 1	6 Strength Training @10 Nutrition minute@11 Cards & games	7 Chair Exercise @10 Tia Chi@1 Food Distribution@1	8 Food Distribution @ FSC 1440 Taney Ave
9 Center closed on Monday July 10th	10 Veterans Program & Luncheon @ FSC Center closed	11 Strength Training @10 MAP with Joy	12 Chair Exercise @ 10. Bridge @ 12:00 Craft of the month @ 1pm	13 Strength Training @ 10 Bingo @ 12 Anything Summer	14 Chair Exercises @10 Canasta @ 12 Tia Chi @1	15
16	17 Chair Exercise @ 9am Bowlers meet @ 12:30 Art Class 1:30-3	18 Strength Training @10 Nurse Steve Bps. And What is Aneurysm ?	19 Chair Exercise @ 10 Pickle Ball @ 1pm	20 Strength Training @10 Cards & games	21 Chair Exercises @10 Canasta @ 12 Tia Chi @ 1	22 
23	24 Chair Exercise @ 9am Bowlers meet @ 12:30 Art Class 1:30-3	25 Strength Training @10 Cards Games & puzzles	26 Christmas In July Hosted by Brunswick Center Closed	27 CLOSED Staff Development Day	28 Ceramics Paint Party @ FCS 10-2pm Canasta @ 12 Tia Chi @ 1	29
30	31 Chair Exercise @ 9am Bowlers meet @ 12:30 Art Class 1:30-3	Trips: Friday August 11th Pontoon Boat Tour & Clarksburg Premium Outlets 9am – 3:30pm \$30.00 Registration closes Friday July 21 Clock & Watch Museum 8:45- 4:00pm Registration closes Friday Aug. 4th Linda @ 301-600-6350 or Susan @301-600-7021 Questions call				